

Solid Ground Volunteer Opportunities (updated 2.1.21)

Onsite Opportunities		
Activity	Description	Times Needed
Youth Tutor	Tutor 1-on-1 with a K-8 child to build relationships and help build literacy and math skills	<p>Mondays-Wednesdays (In-Person)</p> <ul style="list-style-type: none"> • 1:00pm-2:00pm • 2:00pm-3:00pm • 3:00pm-4:00pm <p>Thursdays (Virtual)</p> <ul style="list-style-type: none"> • 3:00pm-4:00pm • 4:00pm-5:00pm
Mobile Food Market Shopper	Help families at our WBL facility shop for groceries, diapers and other personal care items	<p>Wednesdays</p> <ul style="list-style-type: none"> • 10:00am-12:00pm • 12:00pm-2:00pm
Front Desk Assistant	Assist families and welcome visitors to our WBL facility; perform basic admin tasks	<p>Mondays/Wednesdays/Fridays</p> <ul style="list-style-type: none"> • 9:00am-11:00am <p>Tuesdays/Thursdays</p> <ul style="list-style-type: none"> • 1:00pm-3:00pm
Food Shelf Delivery	Collect emergency food orders from the White Bear Area Emergency Food Shelf and deliver to Solid Ground's WBL and scattered site families	<p>Wednesdays-Fridays</p> <ul style="list-style-type: none"> • 11:00am-2:00pm <p>On-call, substitute volunteers needed</p>
Handyperson	Help our WBL facility look its best by performing basic maintenance tasks and/or cleaning	Schedule is flexible and determined by the volunteer; must be willing to serve within Solid Ground's office hours
Remote Opportunities		
Fundraiser or Donation Drive	Help Solid Ground meet our families' greatest needs by collecting in-kind donations and funds. Work with us to coordinate and promote amongst	Schedule is flexible and determined by the volunteer; great opportunity for groups of any size

	your business, faith community or colleagues	
Care Packages	Collect items to assemble themed care packages for families enrolled in our programming	Schedule is flexible and determined by the volunteer; great opportunity for groups of any size

Have a special skill or activity you'd like to share as a volunteer? We are always looking for new and exciting ways to engage volunteers in our work. If you have any special skills or talents that you would like to utilize to better serve our families, please don't hesitate to reach out to Dylan at 651-846-9024 or dmcdonough@solidgroundmn.org to discuss how you can create a unique volunteer opportunity that fits your skills, interests and schedule.

COVID-19 Guidelines

Solid Ground's need for volunteer support during the COVID-19 pandemic directly aligns with our Mission and Core Values, and does not replace any current staff roles or responsibilities. At all times while serving onsite, volunteers are required to wear a face covering and will be subject to a temperature check, and screening for sore throat, cough, shortness of breath, and fever. Solid Ground reserves the right to pause or discontinue a volunteer's service if they test positive for COVID-19 or start experiencing symptoms. For more information on our guidelines on volunteering during the COVID-19 pandemic, please click the link below:

- [Solid Ground Volunteer Guidelines During COVID-19 Pandemic](#)